

# Mental Health Resources

**IN CASE OF EMERGENCY,  
CALL 911**

## **BR Behavioral Health**

(225) 925-1906

## **Beacon Behavioral Outpatient**

10425 Plaza Americana

(833) 891-6080

(225) 810-4719

## **COPE Behavioral Health**

8080 Margaret Ann Ave

(800) 864-9003

(225) 765-8900

## **North BR Behavioral Health**

(225) 359-9315

## **Ascension Behavioral Health**

(225) 621-5770

## **National Alliance on Mental Health**

(800) 950-6264

Text "helpline" to 62640

## **24/7 RESOURCES:**

### **National Suicide Crisis & Prevention Line**

988

### **Office of Behavioral Health: Keep Calm Line**

(866) 310-7977

### **Behavioral Health Recovery Outreach Line**

(833) 333-1132

### **Crisis Text Line**

Text "REACHOUT" TO 741741

### **Trans Lifeline**

(877) 565-8860

